

Formulation and Pharmaceutical Evaluation of Multipurpose Lavender Cold

Madiha Mustafa, Mian Muhammad Ali Shair

Qarshi University Lahore, Pakistan

ABSTRACT

Background: Herbal cosmetics are trending as more acceptable and effective in day to day practice for curing various skin conditions with lesser side effects. Extracts and infused oils containing phytochemical compounds have proven to be very effective for topical applications to improve personal appearance.

Objective: Most of the products which are sold in the market with the title of “Natural or organic are not purely natural and mostly they are chemical based. The goal of current study was formulation of natural cold cream and its evaluation.

Methods: Multipurpose cold cream was prepared through emulsification by using flower extract of lavender and natural oils of olive, almond, and coconut and rose. Plants were selected on the basis of their individual pharmacological activities. Lavender cold cream was subjected to different pharmaceutical parameters for its evaluation as an effective product.

Results: The formulated cream showed good consistency and spread ability, homogeneity, pH, non-greasy, stability, non-irritancy no evidence of phase separation during study period.

Conclusion: The herbal cold cream formulation is mild to use and it can be used as the facility of a barrier for skin protection, moisturization, acne, relaxation and skin lightening.